

Russell C. Chamberlain, LCSW, CADCI

Extended Resume

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Portland, OR USA

Social Worker

- Portland Public Schools Teen Parent Services (2007 to present)

Therapist, Clinical Supervisor

- Private Practice psychotherapist. Youth, couples and families. (2002-2006)
- Clinical Supervisor for CADCI candidates -- Oregon Partnership Help & Hope Lines (2002-2007)
- School Counselor - Central Catholic High School (2003- 2007)

Trainer, Consultant

- Alberta Alcohol and Drug Abuse Commission Youth Services - Calgary, Canada (2006)
- Cumberland Heights Treatment Center - Nashville, TN (2005)
- Francis Laurer Youth Services - Mason City Iowa (2003)

Dual Diagnosis and Family Therapist (1998 to 2002)

Lifeworks Northwest (Tualatin Valley Centers) Portland, OR

- Lead therapist for CSAT grant funded dual diagnosis outpatient program for adolescents referred by juvenile court.
- Masters level student intern supervision coordinator.
- Lead group (two) supervision for motivational interviewing practice in adult and youth addiction programs.
- Provided onsite therapy services (substance abuse and mental health) for Vocational Village High School.

Adventure Therapy, Training and Consultation (1996 to 1998)

Sierra Tucson, Inc. Tucson, AZ

Onsite Workshops, Inc.

- Lead adventure based treatment sections of program for clients.
- Provided ongoing program consultation as part of safety committee.
- Ran 40 hour training for staff working with adventure based components, i.e. Challenge ropes course and indoor climbing wall.

Arizona 4-H Youth Development Program

- Arizona 4-H Challenge Program Manager

- Developed programs for implementation on county level throughout the state.
- Led approximately twenty 3 day facilitator trainings for teachers, counselors, youth workers and others throughout Arizona.

Counselor, Consultant (1994 to 1995)

Behavioral Health Resources Olympia, WA

- Facilitated weekly adventure based therapy groups with clients age 7 to 18.
- Developed intensive outpatient program for adolescents and families.

Adventure Based Practitioner, Trainer, Consultant (1980 to 1994)

Pacific Crest Outward Bound School Portland, OR

- Field Instructor for 21 day delinquent Youth wilderness expeditions.
- Medical and program screener.

American Youth Foundation

Camp Miniwanca, MI, Camp Merrowvista, NH, International Leadership Conferences.

- Program director for residential camp programs. Youth ages 10-14.
- Adventure Programming coordinator.
- International Leadership Conference staff member.

TresslerCare Youth Service -- Camp Hill, PA.

- Field Instructor for 30 day wilderness expeditions with delinquent youth. Course areas in PA, GA, NC.

4-H Youth Development Programs

Oregon, Washington, Arizona, Kentucky

- Instructor, trainer, member of WA 4-H Challenge Management Group.

John Howard Association of Hawaii (Houlu Kuahiwi) Honolulu, HA

- Course director and program development for 21 day wilderness expeditions with delinquent youth. Course area in HA Volcanoes National Park.

Rancho San Antonio -- Chatsworth, CA.

- Field instructor for wilderness expeditions used as part of residential treatment for delinquent youth.

Training

Motivational Interviewing

Dual Diagnosis assessment and treatment

Fetal Alcohol Syndrome/Effect/ARND

Equine Assisted Psychotherapy

- Onsite Workshops, Inc. -- EAP Intern
- Equine Etcetera, Inc. -- 14 hour training

Experiential Therapy -- Psychodrama, etc.

- Onsite Workshops, Inc.
- Tian Dayton "The Process" -- 40 Hour training

Functional Family Therapy

Cognitive Behavioral therapy

Dialectical Behavioral therapy

Adventure Based Programming

- National Outdoor Leadership School
- Pacific Crest Outward Bound School
- Project Adventure
- Team Synergo
- WA 4-H Challenge
- Joy Outdoor Education Center
- American Youth Foundation

Professional Affiliations

National Association of Social Workers

The Association for Experiential Education

- The Therapeutic Adventure Professional Group

NAADAC The Association for Addiction Professionals

The Association for Challenge Course Technology

Education

- Master of Social Work -- Arizona State University (Tempe, AZ)
- Bachelor of Arts -- The Evergreen State College (Olympia, WA)
- Associate of Arts -- Clark College (Vancouver, WA)