

# LifeSTREAM Therapy

Life Success Through Experiential & Adventure Modes™

## CHALLENGE

### GROUP FACILITATION MODEL

#### INDIVIDUAL

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#### GROUP

### FRAMING \*\*\* LEADING \*\*\* PROCESSING

Technical Skills & Facilitation Skills

[Ethics \*\*\* Style]

### SEQUENCING

[Communication --> Support --> Trust]

### ASSESSMENT

[GRABBS & CHANGES]

### GOALS

Program \*\*\* Group \*\*\* Individual

[Contract \*\*\* Group Rules \*\*\* Covenant]

### PROGRAMMATIC CONTINUUM OF PRACTICE

Recreation Education/Training Development Psychotherapy

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### SAFETY

Physical & Emotional

[Challenge by Choice]

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